

### He Who Controls Everything We Fear

The purpose of this document is to define the source of our fear. As I was reading today's Psalm ([Psalm 18](#)), I was focusing on how that Psalm describes almost everything in life we fear. For example we fear: authority; the weather; war; terrorism; sin; sickness; enemies; death; perdition (utter destruction); Sheol (the grave or a pit); earthquakes; smoke; fire; coals; darkness; wind; hailstones; brimstone (coals of fire); thunder; the channels of the sea; foundations of the world; mighty waters; calamity (deep distress or misery); and even righteousness (truth be told), ordinances (health care), and statutes (hate crime legislation). We fear all these things that this Psalm reminds us the Lord controls. So what is new? Why am I writing today? Today I am the one with this authority and responsibility. Plus, repetition is the only way to overcome habits, and the fear of God is the beginning of Wisdom. As long as we fear any of these things, the Psalms remind us we need to remind ourselves that God controls (for his good purpose) everything we fear.

### The source of our fear: God, for good

For good, God created and controls everything we fear. In the end we will all understand, but the sooner we understand fear the better. Even though his plan is good for everyone, there are rewards for early service. Right now we only see things from our limited viewpoint. In other words, to do our calling we only see what we need to see. However, because his overall purpose is that we love and worship him, in the end (if we remember to ask) God will reveal the good in everything we have seen.

### Summary: He Who Controls Everything We Fear

The purpose of this document is to define the source of our fear. As I was reading today's Psalm ([Psalm 18](#)), I was focusing on how that Psalm describes almost everything in life we fear. For example we fear: authority; the weather; war; terrorism; sin; sickness; enemies; death; utter destruction; the grave or a pit; earthquakes; smoke; fire; coals; darkness; wind; hailstones; coals of fire; thunder; the channels of the sea; foundations of the world; mighty waters; deep distress or misery; and even righteousness, ordinances, and statutes. We fear all these things that this and other Psalms remind us the Lord controls. So what is new? Why am I writing today? Today I am the one with this authority and responsibility. Plus, repetition is the only way to overcome habits, and the fear of God is the beginning of Wisdom. As long as we fear any of these things, the Psalms remind us we need to remind ourselves that God controls everything we fear. All we have to do now is humbly open our hearts to him. Because his overall purpose is that we love and worship him, in the end (if we remember to ask) God will reveal the good in everything we have seen.